



TRANSFORMATIONS CENTER FOR WEIGHT LOSS, LLC.

Lipotropic (Lipo- B Complex) Injection information

LIPOTROPIC NUTRIENTS are compounds that promote the flow of fat & bile to and from the liver. In essence, they produce a "decongesting" effect on the liver and promote improved liver function and fat metabolism. Lipotropic substances decrease the deposit or speed up the removal of fat within the liver. Lipotropic mixtures combine liver and gallbladder therapies in one product and those using it can benefit simultaneously from the power and potential of them all.

Methionine, is one of the sulfur-containing amino acids (cysteine and cystine are others) and is important for many bodily functions. It acts as a lipotropic agent (others are inositol and choline) to prevent excess fat buildup in the liver and the body, is helpful in relieving or preventing fatigue, and may be useful in some cases of allergy because it reduces histamine release. Methionine works as an antioxidant (free radical deactivator) through conversion to L-cysteine to help neutralize toxins.

Inositol, a nutrient belonging to the B vitamin complex, is closely associated with choline. It aids in the metabolism of fats and helps reduce blood cholesterol. Inositol participates in the action of serotonin, a neurotransmitter known to control mood and appetite.

Choline, is considered one of the B-Complex vitamins as well as a lipotropic nutrient. It is present in the body of all living cells and functions with inositol as a basic constituent of lecithin. Choline appears to be associated with the utilization of fats and cholesterol in the body. It prevents fats from accumulating in the liver and facilitates the movement of fats into the cells. It is essential for the health of the liver and kidneys.

Pyridoxine or Vitamin B6, plays a vital role in metabolism by breaking down fats and carbohydrates for energy. The higher the protein intake the greater is the requirement of B6. Research shows that low levels of Vitamin B6 can lead to high levels of homocysteine which are associated with Heart attack, Alzheimer's disease, colon cancer, and hypertension.

Methylcobalamin, is a biologically active form of Vitamin B12. This means that your body can use it immediately without going through any metabolic steps to make it "body friendly". Methylcobalamin is considered the most potent form of Vitamin B12 found in nature and the only active form of Vitamin B-12 in the brain outside the mitochondria. We need methylcobalamin for the healthy development and sustenance of our circulatory, immune and nervous systems.

Chromium Picolinate "the blood sugar nutrient." Promotes normal insulin function. May help metabolize fat, turn protein into muscle and convert sugar into energy. It helps to overcome cravings and levels out the highs and lows associated with a high carbohydrate diet. Chromium supports the conversion of food to energy and increases metabolic rate.

I have been informed of the following regarding the injection:

- While all components generally have no side effects, doses must be taken at regular intervals. The injections are only effective temporarily.
- Some redness, minor discomfort, small bruising and bleeding at the injection site may occur. This will usually dissipate in a minimal amount of time.
- Some people may experienced allergic reactions to the injections.
- Potential side effects include stomach upset and urinary problems due to the strain the injections place on the kidneys. May cause frequent urination or diarrhea temporarily
- Weight loss can be inconsistent from one week to the next. There can be no guarantees as to the timetable of a weight loss program.
- Too much Methionine and Adenosine Monophosphate can potentially accumulate in the body and have the side effect of boosting the metabolic rate too high.
- If any abnormal heart racing occurs, I will contact my medical provider immediately.
- I will inform my practitioner of any changes in my medical history, current medications, and/or any changes relevant to this procedure prior to any future treatments.



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Lipotropic (Lipo- B Complex) Injection Consent Form

Read and Sign Below:

Prior to injections being administered, I have thoroughly read the Lipo-B patient information and fully understand the above information about the Lipo B-Complex injection. I have had ample opportunity to read this information and have any and all questions regarding the Lipo B-Complex injection to be satisfactorily answered. I further acknowledge that I am taking this injection at my own risk.

I acknowledge, that I have carefully read the “side effects” and fully understand the instructions should an allergic reaction occur.

I relieve Transformations Center for Weight Loss` health care provider(s) and staff from any and all legal and medical liability from any side effect that may occur as a result of receiving the Lipo B-Complex injection.

I have read and understand all and have agreed to these statements.

Patients Name: _____

Signature: _____

Date: _____

1020 Edgewood Road, Edgewood, Md, 21040. Phone # 410 679 5755, Fax # 410 679 6613

14300 Cherry Lane Ct, #108, Laurel, Md, 20707. Phone # 301 725 4541, Fax # 301 725 4394